***PSHE Curriculum Coverage inc RSE & Online Safety***

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|  | ***Autumn 1*** | ***Autumn 2*** | ***Spring 1*** | ***Spring 2*** | ***Summer 1*** | ***Summer 2*** |
| ***EYFS*** | Making relationships: Lessons 1, 4  Self-confidence & awareness: Lesson 3  Managing feelings & behaviour: Lesson 2  JIN – Intellectual why is it important to have friends? What makes a good friend? | Making relationships:  Lesson 7  Self-confidence & awareness: Lessons 6,8  Managing feelings & behaviour: Lesson 5  JIL - Physical – How am I unique and different to others? How am I the same as other people? | Making relationships: Lesson 11  Self-confidence & awareness: Lesson 10  Managing feelings & behaviour: Lessons 9, 12  JIL - Social – What is special about me that makes people be my friend? What are my favourite games to play with friends? | Making relationships: Lessons 14, 16  Self-confidence & awareness: Lessons 15, 17  Managing feelings & behaviour: Lesson 13 | Making relationships: Lessons 18, 19  Self-confidence & awareness: Lesson 21  Managing feelings & behaviour: Lesson 20  JIL – Emotional – How do good friends make us feel? Who are our friends? How do we play well with our friends? | Making relationships: Lessons 22, 23  Self-confidence & awareness:  Lesson 25  Managing feelings & behaviour: Lesson 24  JIL – Spiritual – How is Jesus our friend? Who is Mary and why is she special to us? |
| ***YEAR 1*** | Rules and Responsibilities  JIL – Social – How do we help and care for each other at home? How do we look after babies? What do our families do for us? What do we do to help them?  Online Safety – I can explain rules to keep myself safe when using technology | Fairness  Online Safety – I know how to behave online so that I do not upset others. | Emotions  JIL - Emotional – What are happy times we celebrate with family? When have we experienced sadness in our families? How do we show love for members of our family?  Online Safety – I can recognise that people online may make me sad and upset, I know how to speak to an adult if I feel sad or upset online | Family and Friends  JIL - Intellectual – How do families help us to grow? When do we miss our families? Who are our extended family – communities etc?. | Changing and Growing  JIL - Physical – Who are my family? How do babies grow and change? Love between brothers, sisters and family. | Communities  JIL – Spiritual – We are all part of God’s family. How do we grow in God’s family? How are Jesus, God and Mary part of our family? |
| ***YEAR 2*** | Keeping Safe  JIL – Intellectual – Can people be lonely even if they are part of a community? What would we miss if we did not have family or a community? What do we like about the people we know in our families and communities?  Online safety – I understand that I need for consent online, I know the difference between real life and ‘online’ friends’ | Money and Finance | Bullying  JIL – Emotional – How do communities and family help us develop our feelings and emotions? Are families and communities always happy? How can we help those who are upset in our communities?  Online Safety- I know what bullying is and how bullying can be online and how it can make people feel | Communication  JIL – Social – Why is community important? What do we give and receive in a community or family?  How important are members of our community? | Healthy Lifestyle  Extremism and Radicalisation (Lessons 1-2  JIL - Physical – How do we show we belong to a family? What do communities do for each other? How make up our communities?  Online Safety – I can explain guidance for using technologies in home and school, such as content and screen time | Hygiene  JIL – Spiritual – God is our father, how can we be children of God? As children of God, how do we treat each other? How do we help those who are lonely? |
| ***YEAR 3*** | Collaboration  Healthy Relationships  JIL – Intellectual - Recognise the difference between being alone and being lonely. Recognise the need for personal privacy.  Online Safety – In understand the need for rules when keeping online friends and how they can be different from ‘real life’ friends. | Health  Healthy Lifestyles  Nutrition and Food JIL – Physical - Who takes care of me? How I look after myself? How am I changing from when I was a baby?  Online Safety – I can explain why too much technology can affect my mood, sleep and lifestyle | Rules and Responsibilities  JIL – Spiritual - How can I forgive and include others like Jesus did? | Diversity  JIL – Social - How do I keep myself safe? How do I help others to make and keep friends? How do I take care of others?  Online Safety – I can explain the term ‘identity’ I understand that people are different and the need to respect those differences whilst online | First Aid | Emotions  JIL – Emotional - How do I feel when a friend is not there for me? How do your friends feel when you are not there for them? How can you be a more supportive friend?  Online Safety – In understand how a persons or my own feelings can be hurt by what is put online and know how to respond appropriately |
| ***YEAR 4*** | Aspirations  Similarities and Differences  JIL - Emotional - How do I appreciate my own gifts, talents and achievements and all that makes me unique? How do I appreciate others and the gifts they have been given? How do I deal with the natural, negative emotions that present themselves? | Communication  Bullying  JIL – Spiritual – How does the bible and Jesus teach us to love?  Online Safety – I can describe ways that people can be bullied online. I understand the need to think carefully about my responses online | Safety  JIL – Intellectual - Can I identify and name my feelings? Do I know and understand what these feelings are? How do I deal with what I feel and can I analyse my feelings and actions?  Online Safety – I can describe strategies for safe and fun experiences online (e.g livestreaming, gaming platforms) | Economic Awareness | Discrimination  JIL – Social - How do I learn to accept and celebrate who I am? How do I accept differences in others? How do I deal with differences and manage the conflicts that arise? | Growing and Changing  JIL – Physical - Continue to recognise that all pupils grow at different rates. Name the different male and female body parts. Identify the development of the baby in the womb. |
| ***YEAR 5*** | Class Charter  Health (Lesson 3)  Extremism and Radicalisation  (Lesson 4)  Online Safety – I can identify and assess strategies to limit the impact of technology on my health. I can identify ways the internet can draw us to information for different agendas, e.g. website notifications, pop-ups, targeted ads. | Safety  Nutrition (Lessons 1-4)  Food (Lessons 1-2)  Online Safety - I can explain that there are some people I communicate with online who may want to do me or my friends harm. I can recognise that this is not my / our fault.  I can explain how someone can get help if they are having problems and identify when to tell a trusted adult. | Communication  JIL- Social and Emotional - Recognise behaviour changes as we grow up. Reflect on ways to become more sensitive to the emotional development of oneself and others. Identify how our responsibilities change, as we grow older. Who is dependent on me and who do I depend on? | Race and Ethnicity | Economic Awareness  JIL – Spiritual - Celebrate the wonder of change. What do we like about growing up? What can be difficult about growing up spiritually, emotionally and physically? | All that I Am – Relationship and Sex Education  JIL – Physical and Intellectual - Identify and celebrate the ways I have changed since birth. Discuss the external and internal changes which happen to boys and girls in puberty. Recognise that sexual development is a natural part of human growth and that physical changes from child to adult mean the ability and potential to become a mother or father. Understand the purpose of the menstrual cycle and the importance of hygiene for boys and girls. |
| ***YEAR 6*** | Extremism and Radicalisation (Lesson 5)  Aspirations  Online Safety – I can explain the terms ‘influence’, ‘manipulation’ and ‘persuasion’ and how they can be used online to target. | Emotions  JIL – Social - Recognise and compile a list of the signs of love expressed in those around us. Reflect on the different degrees of friendship that exist. How do we share God’s love with each other? | Collaboration  JIL – Spiritual - Understand that God causes new life to begin. Celebrate God's creative love. The Church celebrates the Sacrament of Marriage and the importance of community. | Rights and Responsibilities  JIL – Intellectual - Humans grow up in the circle of life and love.  Online Safety – I understand the right of consent online and my right to be safe online. | Healthy Relationships  Diversity  JIL – Emotional - Understanding of how relationships develop. The different types of loving relationships that exist between people as we grow older. Online Safety – I can explain how to evaluate and identify online content relating to gender, race, religion, and disability and explain how to reject and challenge inappropriate representations | All that I Am - Relationship and Sex Education JIL – Physical - Explain how human life is conceived. Understand how a child grows within the mother's womb. Identify the organs and reproductive systems of male and female humans. |

***Whole******School Anti-Bullying Week Autumn 2***

***E-Safety through Computing every half term***