

#### **Our School Early Help Offer**

#### **Early Help**

We understand that from time-to-time family life can have its difficulties. At these times You may need some extra help and support. To help you and your family we have an Early Help Offer.

What is it? Early Help means providing support as soon as a problem appears, to stop it from getting worse. This could be at any point in a child's life, from birth to the teenage years. Anyone can provide early help – you don't need to be an expert professional. Early Help is not about passing the issue on to an expert, but thinking about the best support we can offer. What sort of Concerns might you share?

#### These might be:

- Behaviour
- Attendance
- Financial worries and debt
- Domestic Abuse
- Housing
- Bereavement and loss
- Cyber Bullying
- Any concerns that you are worried about might be having a negative impact on your children

#### What might we offer in response to your concerns?

We will support you as a family in every way that we can.

This might be through:

- Listening to your worries
- Key interventions such as nurture groups, time with a mentor, time with our mental health first aider or reasonable adjustments in school
- Targeted support
- Support and guidance to find the right outside agencies
- Completing an Early Help assessment with you
- Help and support with referrals to support services



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Support you with concerns regarding attendance

Online safety: Each year group is taught online safety within the computing and PSHE Curriculums following the strands in the 'Education for a Connected World' Framework. Guides from National College are also share relating to specific areas of interest for children such as Fortnite and Tik-Tok are shared via the weekly newsletters or class dojo. Our Lady Queen of Peace also observe Internet Safety Day as a whole school, provide workshops where required and use the 360Safe online audit tool to ensure we are providing the highest level of practice in terms of online safety. This is reviewed annually.\_\_.

### How will our safeguarding procedures be effective in supporting our families?

At Our Lady's we have a dedicated Safeguarding team. All our staff are trained to identify and report safeguarding concerns. Where concerns are raised, we will follow the reporting procedures. Our team works and supports our families to work with all relevant agencies to reduce and remove identified risks.

How will our children learn to keep themselves safe?

Our curriculum provision and additional work from outside agencies, including charities and the police support our children in learning how to keep themselves safe.

- The Early Help Team
- School Nurse
- Early intervention Family Support
- Speech and Language Team (SALT)
- Educational Psychologist
- Complex Communication Team (CCN)
- Community Paediatrician.
- PSHE/SRE curriculum (Journey in Love)
- Assemblies focusing on keeping safe, eg fire, police ,water safety.
- Swimming lessons
- SENDIAS
- CAHMS
- Act on IT



#### **Our School Early Help Offer**

Pastoral support

For further information please contact:

Interim Principal / DSL: Mr A Wilkes

Head of School/DDSL: Mr P Wheelan

SENCO/Senior Mental Health Leader/DDSL: Mrs Cheryl Hampton

**DDSL**: Mrs Monika Pow

Mental Health First Aider: Mrs Cheryl Hampton and Mrs Michelle Ritson.

Online Safety: Mrs Samantha Jauncey

Below you will find contact details and information for some of the key agencies Universal source of help for all families in Worcestershire:

**Worcestershire Family** 

Information Service (FIS)

Worcestershire Virtual family Hub

WSCB (Worcestershire

Safeguarding Children's Board) website.

Worcestershire Family Information Service (FIS) advisors give impartial information on **childcare**, **finances**, **parenting and education**. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves.

http://www.worcestershire.gov.uk/info/20507/childcare/1579/family\_information\_service

The virtual hub provides families with a range of resources including parenting, SEND, health and housing

https://www.worcestershire.gov.uk/virtual-family-hub

http://www.worcestershire.gov.uk/safeguardingchildren

Important information for **parents** and **professionals** across Worcestershire in relation to keeping children safe and avenues of support including early help options. Everyone should know how to access this website which has all of the



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agreed Worcestershire safeguarding and child protection processes on it.

E-safety (Online Safety)

Online Activity (phones, computers) can be a **serious risk** to children: The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation; radicalisation; sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant

PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues. www.paceuk.info/

https://www.thinkuknow.co.uk/parents/ -

This is the Child Exploitation and Online

Protection (CEOP) Centre. It's a one stop shop for most information .

https:www.thinkuknow.co.uk/teachers (excellent resources)

http://educateagainsthate.com/ - This is the government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this.

Mental Health

We have some useful self-help guides/leaflets available for you to access online. The guides are available for you to read online. The self-help guides can be accessed by typing the below link into your URL and selecting 'Self Help Guides': www.hacw.nhs.uk/a-to-z/letters/

Staying Safe http://stayingsafe.net/

SANE 0845 767 800 Email: sanemail@org.uk www.sane.org.uk

Samaritans 116 123 (24 hour helpline) www.samaritans.org.uk

Rethink Mental Illness 0300 5000 927 www.rethink.org



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Mental Health Foundation www.mentalhealth.org.uk

MIND 0300 123 3393 or text 86463 www.mind.org.uk

Anxiety UK 08444 775 774 www.anxietyuk.org.uk

Hate Crime

A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. A difference of race alone is NOT sufficient to make it a hate crime. There would have to be evidence of racial slurs or racial statements in addition to the crime (this does not trivialise other serious offenses that are NOT hate crimes).

Hate Crime:

West Mercia Police:

Email: contactus@westmercia.police.uk

Emergency number: 999

Non-Emergency number: 101

report online to True Vision (opens in a new window)

https://educateagainsthate.com/parents/

Call in at your local police station

Children with disabilities team (CWD)

The Children with Disabilities (CwD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities.

The CwD Social Work Team is one of a range of services that can provide support to children and young people with disabilities and their families. Other services available are those provided by health, education, play and youth services as well as community resources provided by voluntary agencies.

The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young person's life.

SEN Services and Support Groups

9 Tea Cups <a href="https://social.nineteacups.com/">https://social.nineteacups.com/</a>



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autismlinks <a href="https://www.autismlinks.co.uk/">https://www.autismlinks.co.uk/</a> Links to events, services and information of use to families of people with Autism

Autism Spectrum Condition and Learning Disabilities Group <a href="https://www.worcestershire.gov.uk/downloads/file/592/autism\_spectrum\_condition\_and\_learning\_disabilities\_group">https://www.worcestershire.gov.uk/downloads/file/592/autism\_spectrum\_condition\_and\_learning\_disabilities\_group</a>

a group for family members and carers, Kidderminster Hospital

Autism in Worcestershire ASPIE https://aspie.org.uk/

is a social self-help and motivation group for adults with Asperger's Syndrome. We provide a centre in Worcester where Aspies feel welcome and accepted.

Childrens Centres. <a href="https://www.worcestershire.gov.uk/council-services/childrens-social-care/starting-well-family-hubs">https://www.worcestershire.gov.uk/council-services/childrens-social-care/starting-well-family-hubs</a>

Find out what's happening at your local Children's Centre

Community Paediatric Service Community Paediatric Service is concerned with developmental delay and learning disability; Motor difficulties such as cerebral palsy and muscular dystrophy; Neuro-developmental conditions including ADHD and ASD; complex behavioural difficulties; sensory impairment; statutory medical & educational assessments (The Community Paediatric Service South Worcestershire, The Community Paediatric Service Wyre Forest and The Community Paediatric Service Redditch and Bromsgrove)

https://www.worcestershire.gov.uk/downloads/file/5237/the\_community\_paediatric\_service\_wyre\_forest

https://www.worcestershire.gov.uk/downloads/file/5238/the\_community\_paediatric\_service\_redditch\_and\_bromsgrove

## https://www.learningdisabilities.org.uk/

Worcestershire Website of the disability advice line South Worcestershire; local info on: Mobility; Benefits and Finance; Carers Support and Respite; Community and Voluntary Support; Disabled Children's Services; Education and Employment; Health; Housing; Independent Living; Learning Disabilities; Legal Support; Leisure and Holidays; Mental Health; Mobility and Aids to Daily Living and Older People's Services

Dyslexia Parent Support Group. Find out more from the Worcestershire Dyslexic Support Group



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https://www.worcestershire.gov.uk/downloads/file/593/worcestershire dyslexic support group

Footprints Support for Bereaved Children and their Families in Worcestershire Support for bereaved children and their families in Worcestershire

https://www.worcestershire.gov.uk/downloads/file/5235/footprints\_s upport for bereaved children and their families in worcestershire

Learning Disabilities <a href="https://www.learningdisabilities.org.uk/">https://www.learningdisabilities.org.uk/</a>

We work with people with learning disabilities, their families and the people who support them.

Domestic violence

Here is a very helpful website for what do to in many different

difficult situations:

http://www.worcestershire.gov.uk/info/20379/domestic\_violence\_and\_sexual\_a buse

West Mercia Women's Aid: 0800 980 3331

0800 783 1359 helpline@westmerciawomensaid.org

Forces

UK Forced Marriage Unit fmu@fco.gov.uk

marriages

Telephone: 020 7008 0151

Call 999 (police) in an emergency.

www.freedomcharity.org.uk The Freedom Charity (UK charity) have

a helpline, text facility and app which can be downloaded to help

to provide support and protection for victims of abuse,

FGM or forced marriage. They can be contacted on tel: 0845 607 0133

or text 4freedom to

**88802** or go to the website to download the app from the app page.



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Gender-based violence/violence

https://www.gov.uk/government/publications/violence-against-women-

and-girls-evidence-digest-january-2018

against women and girls  $\, {f F} {
m or} \,$  information about West Mercia Rape and Sexual Abuse visit:

https://www.wmrsasc.org.uk/

FGM (Female Genital Mutilation) is violence against women and girls. Forced marriage and so called 'Honour' based violence are a violation against human rights and is a high priority area of the national and local Violence Against Women and Girls Agenda. It is, primarily an issue for young women and girls aged between 13 and 30 years.

Hope House SARC (Sexual Assault Referral Centre):

#### 01452 754390

Preventing

www.educateagainsthate.com

Radicalisation and

is the government website providing information and practical advice for parents,

Extremism/HATE teachers

and schools leaders on protecting children from radicalisation and extremism.

(PREVENT

Anti-Terrorist Hotline: tel 0800 789 321

duty)

Let's talk about it is an excellent website for parents: www.ltai.info/ as is www.preventtragedies.co.uk

While it remains very rare for school age children to become involved extremist activity to the point of committing criminal acts, young people can be

exposed to extremist influences or prejudiced views, including via the internet,

from an early age. As with other forms of criminality or risk of harm, early intervention

is always preferable. Schools, working with other local partners, families and communities, can help support pupils who may be vulnerable as part



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of

wider safeguarding responsibilities.

# **Channelguidance:**

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/425189/Channel\_Duty\_Guidance\_April\_2015.pdf